

# **Sameena Sheikh RN-BC, BSN, BA.**

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## **RESEARCH INTERESTS**

My research focus is to investigate the colorectal cancer population involving the survivors to improve symptom management, quality of life, and overall health promotion.

## **EDUCATION**

University of Miami, Coral Gables, FL

BSN-PhD (Doctoral education), July 2018 - 2021

University of Miami, Coral Gables, FL

Accelerated Bachelor of Science in Nursing, January - December 2015

Oakland University, Rochester Hills, MI.

Bachelor of Art in Biology, September 2010 - August 2013

## **RESEARCH EXPERIENCE**

- **Family Lab:** University of Miami & Sylvester Comprehensive Cancer Center, Department of Psychology focusing on precision science and quality of life research with colorectal cancer patients. PI: Dr. Youngmee Kim. NIH grant: GR006498 NINR 1R01NR016838-01-668144
- **FAVoR Study:** Reorientation Intervention for Delirium in the ICU, University of Miami, School of Nursing and Health Studies. PI: Dean Munro, Cindy, NIH Grant R01NR016702, Protocol Number: 20170771
- **Exercise with Music Study:** University of Miami, School of Nursing and Health Studies. PI: Dr. Liang, Zhan, IRB Study Number: 20180508
- **Sylvester Comprehensive Cancer Center:** Community-Based Choral Singing for Cancer Survivors and Caregivers Study & Aromatherapy for Reducing Chemotherapy-Induced Nausea and Vomiting Study, University of Miami. PI: Dr. Anglade, Debbie. Study Number: 20200313
- **Biobehavioral Lab:** University of Miami, School of Nursing and Health Studies, focusing on the use of proteomics to develop personalized health strategies. PI: Dr. Charles A. Downs. NIH grant: 1R01NR016957-01A1
- **Telomere Biology and Morbidity in Critical Illness:** University of Miami, School of Nursing and Health Studies, focusing on telomere attrition and induced-senescence in critical patients. PI: Dr. Zhan Liang. American Association of Critical-Care Nurses (AACCN) Funded.

## **TEACHING AND MENTORING EXPERIENCE**

- **Family Lab:** mentoring one undergraduate student from the department of psychology (data collection)
- **Exercise with Music Study:** Mentored three graduate and undergraduate students in the clinical and research lab setting.
- **Guest Presenter:** NUR 662: Nursing Epistemology, first-year Ph.D. students. Topic: Cancer Survivorship.
- **University of Miami:** School of Nursing and Health Studies, Graduate Faculty Committee: Ph.D. student representative (2019 – present)
- **Biobehavioral Lab:** mentoring one Ph.D. student from the department of nursing (scientific writing)

## **HONORS AND AWARDS**

- Graduate Students/Outstanding Graduate Research Assistant (Top 14), University of Miami, 2021
- 2020 Oncology Nursing Society: Congress Conference Scholarship recipient (\$1,200)
- Student of the Year (Top Six): Graduate Students, University of Miami, 2019
- Sigma Theta Tau, University of Miami Chapter, 2019-present.
- University of Miami BSN-PhD Graduate Assistantship Funded Scholarship, 2018-present
- Florman Scholarship, University of Miami, 2015
- UBPC, Unit Base Council Practice for 6 Carroll [oncology, hospice, medical surgical] 2016-2018
- Dean's List, Oakland University, 2012

## **GRANTS**

- Sigma Theta Tau International, Beta Tau Chapter PhD Scholarly Award Grant, 2021, Funded, \$1500.00
- Grant applicant (American Cancer Society's Doctoral Degree Scholarships in Nursing – received an outstanding score, but due to limited funds was not selected for funding, 2020).

## **PUBLICATIONS**

- Sheikh, S.**, Mitchell, H., Zirrieth, P., Mendez, A., Carver, C. S., & Kim, Y. (2019). Psychological distress at diagnosis predicts cancer-related symptoms and neuroendocrine biomarkers at a 12-month follow-up. *Psycho-Oncology*. <https://doi.org/10.1002/pon.4987>
- Liang, Z., Yip, H., & **Sheikh, S. F.** (2020). 803: Feasibility and acceptability of an exercise to rhythmic music intervention for ICU survivors. *Critical Care Medicine*, *48*(1), 381.
- Sheikh-Wu, S. F.**, Downs, C. A., & Anglade, D. (2020). Interventions for managing a symptom cluster of pain, fatigue, and sleep disturbances during cancer survivorship: A systematic review. *Oncology Nursing Forum*, *47*(4), E107-E119.
- Sheikh-Wu, S. F.**, Kauffman, M. A., Anglade, D., Ahn, S., Shamsaldeen, F., & Downs, C. A. (2021). Effectiveness of different music interventions on managing symptoms in cancer survivors: A meta-analysis. *European Journal of Oncology Nursing*, *52*, 101968. <https://doi.org/10.1016/j.ejon.2021.101968>
- Sheikh-Wu, S. F.**, Anglade, D., & Charles A. Downs. (2021). Development of a Holistic Cancer Survivorship Model: A Review of Literature. (under review).
- Sheikh-Wu, S. F.**, Gerber, K., & Downs, C. A. (2021). Mechanisms and methods to understand depressive symptoms across populations. (under review).
- Sheikh-Wu, S.F.**, Anglade, D., Temple A., & Downs, C. A. (2021). Positive Psychology in Oncology Nursing: State of the Science. (in preparation).
- Sheikh-Wu, S.F.**, Liang, Z., & Downs, C. A. (2021). Telomere and Relevant Outcomes: An Integrative Review. (in preparation).

## **PRESENTATIONS**

- 16<sup>th</sup> American Psychosocial Oncology Society Annual Conference, Atlanta, GA. Poster Presentation: *Psychological Distress at Diagnosis Predicts Cancer-Related Symptoms and Neuroendocrine Biomarkers at 12-Month Follow-up*. (February 2019).
- American Music Therapy Association Research Committee, Minneapolis, MN. Poster presentation: *Exercise with Music Program for ICU Survivors*. (November 2019).
- 20<sup>th</sup> Annual Zubrod Memorial Lecture and Sylvester Cancer Research Poster Session, Miami, FL. Poster presentation: *Psychological Distress at Diagnosis Predicts Cancer-Related Symptoms and Neuroendocrine Biomarkers at 12-Month Follow-up*. (April 2019).
- 2<sup>nd</sup> Graduate and Postdoctoral Research Symposium, Coral Gables, FL. Oral Presentation: *A Systematic Review on Interventions for Managing a Symptom Cluster (Pain, Fatigue, and Sleep Disturbance) During Cancer Survivorship*. (March 2020).
- Sigma's 31<sup>st</sup> VIRTUAL International Nursing Research Congress. Virtual Poster and Lecture Presentation: *Community-Based Choral Singing for Cancer Survivors and Caregivers*. (July 2020).
- Oncology Nursing Society's (ONS) 45<sup>th</sup> Annual Bridge Congress. Virtual Oral Presentation: *Managing Symptoms through Evidence and Education*. (September 2020).
- Oncology Nursing Society's (ONS) 46<sup>th</sup> Catalyst for Innovative Care. Virtual Oral Poster Presentation: *An Integrative Review of Colorectal Cancer Survivors: Development of a Cancer Survivorship Model*. (April 2021).
- 35<sup>th</sup> Southern Nursing Research Society (SNRS) 2021 Annual Conference. Virtual Oral Poster Presentation: *Effectiveness of Different Music Interventions on Managing Psychosocial Symptoms in Cancer Survivors: A Meta-Analysis*. (February 2021).
- 17<sup>th</sup> Annual Yale Bouchet Conference on Diversity and Graduate Education. Virtual Live Oral Presentation: *Effectiveness of Different Music Interventions on Managing Symptoms in Cancer Survivors: A Meta-Analysis*. (April 2021).
- Conference for Interdisciplinary Student Research (CISR) 2021. Virtual Live Oral Presentation: *An Integrative Review of Cancer Survivors: Development of a Cancer Survivorship Model*. (April 2021).

### **CERTIFICATES / ORGANIZATIONS**

- AANC: Certified in Medical-Surgical Nursing RN-BC [7/10/17 - 2022]
- ONS, Nationally Certified in Chemotherapy Biotherapy [Fundamentals] ID:612171
- ONS, Oncology Nursing Society. Member [2017-Present]
- SART – Sexual Assault Resource Team. Member [2018-Present]
- CITI Program Certified, 5/24/15 to 2022, ID:4837601

### **PROFESSIONAL / CLINICAL EXPERIENCE**

- **Miami Cancer Institute, Miami, FL August 2017 – December 2019**  
Intake nurse for the outpatient department in medical and radiation oncology
- **Mercy Hospital, Coconut Grove, FL, April 2016 – June 2018**  
Charge Nurse (Medical & Radiation Oncology, Hospice, Medical-Surgical, End of Life)  
Preceptor/Educator/Mentor for new incoming nurses  
UBPC: Chair
- **Additional training:**
  - Jackson Memorial Hospital - Miami, FL, May-Dec. 2015
    - Emergency Room B, Role transition clinical
    - West Wing 9, Neuro/Orthopedic step-down unit
  - Holtz Hospital, North 6 floor Post-Transplant and Adolescence Unit
  - Behavioral Health Building, Mental Health Clinical ABC, 1 Unit
  - University of Miami Hospital - Miami, FL, Jan. - Sept. 2015
    - Cardiac Unit, North 6
    - Orthopedic Unit, North 8
  - Inn Transition South - Homestead, FL, Oct. - Dec. 2015
  - Population Health, Domestic violence, and substance abuse transitional housing for women and their children.
  - Palmetto General Hospital - Hialeah, FL, May - Sept. 2015
    - Maternity Unit, Labor and Delivery

### **UNIVERSITY SERVICES**

- Wound Care, HCA educational and training
- Breastfeeding training, 20 hours
- FEMA - Emergency Management Institute
- Prevention of Medical Errors
- SBIRT training and certificate, Screening, Brief Intervention, Referral to Treatment [Substance Abuse and Mental Health Services Administration], a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders.
- Stem Cell Second Annual Research Conference, Oakland University, 2013

### **TECHNICAL SKILLS**

- Electronic Medical Records: Meditech, Doc-U-Care [Health care system documentation], Cerner, & EPIC
- Other: SPSS, R-studio, Jamovi, SASS, Windows